

Our Food. Power of Good.



2023 Calendar

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Who We Are

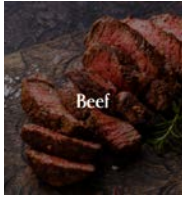
Hi there! We are Food NI/Taste of Ulster and we pride ourselves in showcasing the finest food and drink from Northern Ireland. We are all about promoting the people who produce it and those who distribute it to our shops, restaurants and catering outlets. In fact, this calendar features a range of our local producers and their products.

We know that here in NI, we have a range of world-class ingredients from the meat, milk and vegetables of our lush green fields, to the fish and shellfish from our coasts, lakes and rivers. Our breads come from a fine tradition of home-baking and love of sweet treats whilst our orchards produce award winning ciders.

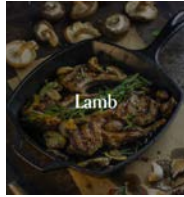
Here at Food NI, our role is to build upon the legacy of the hugely successful Year of Food and Drink 2016 and support our food and drink industry following a few difficult years. We have recently launched a brand new promotional campaign that promotes our vision - 'Our Food. Power of Good.' When we choose local, we are doing people, place and planet the power of good. Our campaign focuses on our award winning sectors including beef, dairy, fruit and veg which you will find throughout this calendar.



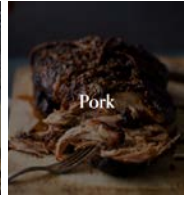
Scan the QR code to find out more about Our Food and visit us on Facebook and Instagram.  



Beef



Lamb



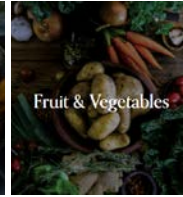
Pork



Dairy



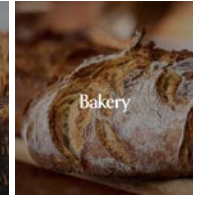
Poultry



Fruit & Vegetables



Crops



Bakery

Farmers market's:

Slemish Market Garden Ballymena	Mon-Sat 10am-5pm
Inns Cross Market Belfast	First Saturday of the month 10am-2pm
Strabane Market	Last Friday of the month 11am-5pm
Bangor Market.....	Every Wednesday 7am-1pm
Causeway Speciality Market Coleraine.....	Every second Saturday 9am-4pm
Walled City Market Derry/Londonderry	First Saturday of the month 8.30-12.30pm
Tyrone Farmers' Market Omagh	First and Third Saturday each month 9am-1.30pm
Tyrone Farmers' Market Dungannon	First and third Saturday each month 8.20-12.30pm
Comber Farmers' Market.....	First Thursday of the month 9am-1.30pm
Elmfield Market Craigavon	Every second Saturday of month 10am-3pm
Downpatrick Artisan Market.....	Third Saturday of every month 11am - 3pm (excluding Jan and Feb)
Newcastle Artisan Market	First Saturday of the month 11am-3pm (excluding Jan and Feb)
Newry Artisan Market	Second Sunday of the month 11am-3pm (excluding Jan and Feb)
Warrenpoint Artisan Market.....	Fourth Saturday of the month 11am-3pm (excluding Jan and Feb)
Lisburn Square Sunday Market	Every Sunday 12pm-4pm

With thanks to Tourism NI for a selection of images used throughout this calendar.

2023 at a glance



January

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



2023



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January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6 ■ National Shortbread Day	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 ■ Scotland Speciality Food Show	22 ■ Scotland Speciality Food Show
23 ■ Scotland Speciality Food Show ■ Great Taste Awards General entry opens	24	25	26	27 ■ International Chocolate Cake Day	28	29
30	31					



2023



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February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7 ■ Great Taste Awards general entry closes (earlier if cap is reached)	8	9 ■ National Pizza Day	10 ■ National Pulses Day	11	12
13	14 ■ Valentine's Day	15	16	17	18 ■ Real Bread Week	19 ■ Real Bread Week
20 ■ Real Bread Week ■ Belfast Restaurant Week	21 ■ Real Bread Week ■ Belfast Restaurant Week ■ Shrove Tuesday	22 ■ Real Bread Week ■ Belfast Restaurant Week	23 ■ Real Bread Week ■ Belfast Restaurant Week	24 ■ Real Bread Week ■ Belfast Restaurant Week	25 ■ Real Bread Week ■ Belfast Restaurant Week	26 ■ Real Bread Week ■ Belfast Restaurant Week
27 ■ National Strawberry Day	28					



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March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 ■ St David's Day	2	3	4	5
6 ■ Food Waste Action Week	7 ■ Food Waste Action Week	8 ■ Food Waste Action Week	9 ■ Food Waste Action Week	10 ■ Food Waste Action Week	11 ■ Food Waste Action Week	12 ■ Food Waste Action Week
13	14	15	16	17 ■ St Patrick's Day ■ Blas na hÉireann awards open for entry	18	19 ■ Mother's Day
20	21	22 ■ Belfast City Council Focus on Food Conference	23	24	25	26
27 ■ International Whiskey Day	28	29	30	31		



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April

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 ■ April Fools Day ■ Sourdough Bread Day	2
3	4 ■ International Carrot Day	5	6	7 ■ World Health Day ■ Good Friday	8	9 ■ Easter Sunday
10 ■ Easter Monday	11	12	13	14	15	16 ■ Day of the Mushroom ■ Irish Vegan Festival ■ Natural and Organic Show (NOPEX)
17 ■ Natural and Organic Show (NOPEX)	18	19	20	21 ■ National Tea Day	22	23 ■ St George's Day
24 ■ Farm Shop and Deli Show Birmingham	25 ■ Farm Shop and Deli Show Birmingham	26 ■ Farm Shop and Deli Show Birmingham ■ Stop Food Waste Day	27	28	29 ■ International Bacon Day	30

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May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 ■ Early May Bank Holiday	2	3	4	5	6 ■ Killyleagh Show	7
8 ■ Bank Holiday	9	10 ■ Balmoral Show	11 ■ Balmoral Show	12 ■ Balmoral Show	13 ■ Balmoral Show ■ World Cocktail Day ■ World Fairtrade Day	14
15 ■ National Vegetarian Week	16 ■ National Vegetarian Week	17 ■ National Vegetarian Week ■ World Baking Day	18 ■ National Vegetarian Week	19 ■ National Vegetarian Week	20 ■ National Vegetarian Week	21 ■ National Vegetarian Week ■ International Tea Day
22	23	24	25	26	27	28
29 ■ Spring Bank Holiday ■ National Biscuit Day ■ National BBQ Week	30 ■ National BBQ Week	31 ■ National BBQ Week				



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June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 <ul style="list-style-type: none"> National BBQ Week World Milk Day 	2 <ul style="list-style-type: none"> National BBQ Week Ballymoney Show 	3 <ul style="list-style-type: none"> National BBQ Week Ballymoney Show Lurgan Show World Cider Day 	4 <ul style="list-style-type: none"> National BBQ Week National Cheese Day
5	6	7	8	9	10 <ul style="list-style-type: none"> Armagh County Agricultural Show World Gin Day 	11
12	13	14	15	16 <ul style="list-style-type: none"> National Fudge Day 	17 <ul style="list-style-type: none"> Saintfield Show Ballymena Show Open Farm Weekend (TBC) 	18 <ul style="list-style-type: none"> Father's Day Sustainable Gastronomy Day Open Farm Weekend (TBC)
19	20	21	22	23 <ul style="list-style-type: none"> Royal Highland Show Scotland 	24 <ul style="list-style-type: none"> Royal Highland Show Scotland Newry Show Irish Game Fair and Fine Food Festival Comber Earlies Festival 	25 <ul style="list-style-type: none"> Royal Highland Show Scotland Irish Game Fair and Fine Food Festival Comber Earlies Festival
26 <ul style="list-style-type: none"> Royal Highland Show Scotland 	27	28	29	30		

Look out for the 2023 Fine Food Show North - dates to be confirmed

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July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 ■ ICE CREAM MONTH ■ Omagh Show	2
3	4	5	6	7 ■ World Chocolate Day	8	9 ■ World Rum Day
10	11	12 ■ Battle of the Boyne Bank Holiday	13	14	15 ■ Limavady Show ■ Camp Dalfest ■ Castlewalian Agricultural Show	16 ■ Camp Dalfest
17	18	19	20	21	22 ■ Antrim Agricultural Show	23
24	25	26 ■ Clogher Valley Show	27	28	29	30
31						



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August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 ■ Fermanagh County Show ■ Great Taste Awards Results Day	2 ■ Fermanagh County Show	3	4 ■ International Beer Day	5 ■ Hillsborough Honey Fair	6 ■ Hillsborough Honey Fair
7 ■ Afternoon Tea Week	8 ■ Afternoon Tea Week	9 ■ Afternoon Tea Week	10 ■ Afternoon Tea Week	11 ■ Afternoon Tea Week	12 ■ Afternoon Tea Week	13 ■ Afternoon Tea Week
14	15	16	17	18	19	20
21	22 ■ World Plant Milk Day	23	24	25	26	27
28 ■ Summer Bank Holiday	29	30	31 ■ National Burger Day			

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September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 <ul style="list-style-type: none"> SOURDOUGH SEPTEMBER ORGANIC SEPTEMBER Love Lamb Week 	2 <ul style="list-style-type: none"> Love Lamb Week 	3 <ul style="list-style-type: none"> Love Lamb Week
4 <ul style="list-style-type: none"> Love Lamb Week 	5 <ul style="list-style-type: none"> Love Lamb Week Cake Week 	6 <ul style="list-style-type: none"> Love Lamb Week Cake Week 	7 <ul style="list-style-type: none"> Love Lamb Week Cake Week Armagh Food and Cider Week 	8 <ul style="list-style-type: none"> Cake Week Armagh Food and Cider Week 	9 <ul style="list-style-type: none"> Cake Week Armagh Food and Cider Week 	10 <ul style="list-style-type: none"> Cake Week Armagh Food and Cider Week
11 <ul style="list-style-type: none"> Cake Week Speciality and Fine Food Fair London 	12 <ul style="list-style-type: none"> Speciality and Fine Food Fair London National Blackberry Day 	13 <ul style="list-style-type: none"> International Chocolate Day 	14	15	16 <ul style="list-style-type: none"> International Eat an Apple Day 	17
18	19 <ul style="list-style-type: none"> National Ploughing Championships 	20 <ul style="list-style-type: none"> National Ploughing Championships 	21 <ul style="list-style-type: none"> National Ploughing Championships 	22	23 <ul style="list-style-type: none"> National Bacon Butty Day 	24
25	26	27	28	29 <ul style="list-style-type: none"> International End Food Waste Day Blas na hÉireann 	30 <ul style="list-style-type: none"> Blas na hÉireann 	

Look out for the 2023 Portavogie Seafood Festival - dates to be confirmed

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Our Food. Power of Good. October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 <ul style="list-style-type: none"> ■ International Coffee Day ■ National Potato day (Ireland) ■ World Vegetarian Day
2	3	4	5	6	7	8
9	10 <ul style="list-style-type: none"> ■ World Porridge Day 	11	12	13 <ul style="list-style-type: none"> ■ World Egg Day 	14	15
16 <ul style="list-style-type: none"> ■ World Bread Day 	17	18	19 <ul style="list-style-type: none"> ■ International Gin and Tonic Day 	20 <ul style="list-style-type: none"> ■ International Chef Day 	21 <ul style="list-style-type: none"> ■ Apple Day 	22
23	24	25	26	27	28	29
30	31 <ul style="list-style-type: none"> ■ Halloween 					

Look out for the 2023 World Bread Awards and Moira Speciality Food Fair - dates to be confirmed

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2023



Our Food. Power of Good. November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 ■ World Vegan Day	2	3	4	5 ■ Guy Fawkes (Bonfire Night)
6	7	8 ■ Cappuccino Day	9 ■ International Stout Day	10	11	12
13	14 ■ World Diabetes Day	15	16	17	18	19
20	21 ■ RUAS Beef and Lamb Championships	22	23	24	25 ■ Enchanted Winter Gardens (TBC)	26 ■ Enchanted Winter Gardens (TBC)
27	28	29	30 ■ Enchanted Winter Gardens (TBC)			

Look out for the Magherafelt Artisans Market - dates to be confirmed

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December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																					
				1	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	2	<ul style="list-style-type: none"> English Breakfast Day Enchanted Winter Gardens (TBC) 	3	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 																		
4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	<ul style="list-style-type: none"> Pigs in Blankets Day 	<ul style="list-style-type: none"> Gifted 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) Gifted 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) Gifted 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) Gifted 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) Gifted 			<ul style="list-style-type: none"> RUAS Winter Fair Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 	<ul style="list-style-type: none"> Enchanted Winter Gardens (TBC) 					<ul style="list-style-type: none"> Christmas Eve 	<ul style="list-style-type: none"> Christmas Day 	<ul style="list-style-type: none"> Boxing Day 					<ul style="list-style-type: none"> New Years Eve

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